

U7/8 Rules

- Shin guards must be worn on the inside of socks
- Cleats are not required but recommended
- No jewelry with the exception of stud earrings which should be covered by band aids
- No parents allowed to sit behind player benches or behind the goals
- 7v7- 6 field players and 1 goal keeper
- All opposing players must retreat to the half line during goal kicks and cannot advance until the ball has touched another player on the kicking team
- Penalty kicks are taken from the top of the box
- Walls must be five steps away from the spot of the free kick
- This age group does throw in's
- No slide tackling
- No off-sides
- If you have the first game of the day you must set up the goals and benches
- If you have the last game of the day you must take down the nets and put benches back in the clubhouse
- Size 4 ball used
- 25 minute halves
- No heading allowed
- Subs should enter game at half field once play has stopped and referee lets them in game unless injury subs