



U5-U8 Junior Academy Training Program Spring 2017

Pride Soccer Club is excited to again offer our U6-U8 Junior Academy Training Program for the spring season. This program is intended for players who already participate in a recreation league and want to receive extra training during the week. Each training session will focus on improving the individual players' skill and technique and will be led by a member of the PSC Coaching Staff. The program is open to both boys and girls. Topics that will be covered throughout the program include: juggling, dribbling turns, dribbling moves, receiving, passing, striking, shooting, possession, 1v1 attacking, 1v1 defending and tactical awareness.

Cost: \$30

SIX 60 minute training sessions with a PRIDE SC Staff Coach

U6 Sessions: Mondays (6:00-7:00pm) – 4/24, 5/1, 5/8, 5/15, 5/22, and Thursday 5/25

U7-U8 Sessions: Thursdays (6:00-7:00pm) – 4/20, 4/27, 5/4, 5/11, 5/18, 5/25

Age Groups:

U6: 1/1/2011 – 12/31/2011

U7: 1/1/2010 – 12/31/2010

U8: 1/1/2009 – 12/31/2009

Training Location:

PSC Training Fields (behind David Lutheran and Heritage Baptist Churches)
300 Groveport Road
Canal Winchester, OH 43110

Contact:

Alex Wentz, Junior Academies Director, wentz.59@osu.edu

Register online at www.pridesoccerclub.com

Registration will open March 29th, Deadline is April 23rd