



Challenger training schedule: Spring 2017

Challenger team practice sessions will start on Monday 4/17 and run for 8 weeks. During the season, please communicate with your trainer if you need to cancel any practice due to weather or for other reasons. If weather is a factor for training sessions, they may be canceled in several ways:

- The Rec Dept. may close all fields – you will be notified via e-mail
- Coaches may cancel practice if they see it fit to do so. Please let the Challenger trainer know if you do cancel.
- Challenger trainers may cancel practice at the field itself if there is sudden rain or lightning that presents safety issues. They will stay at the field to notify any arriving players and coaches.

I will send an update with more complete Challenger trainer contact information as soon as it is available.

Please note that it is REQUIRED and very important that coaches attend their team's Challenger practice sessions to help out and learn!!! It is not an option to skip challenger and hold a coaches practice instead. The challenger coaches will work with you to develop training sessions , so please communicate any needs your team has.

Challenger session location:

Challenger training sessions will be held at Francis Wyman.

Challenger trainer contact information:

Sam Ioannides: samioannides@icloud.com Phone: to follow

Matheus Campos: matheus.olscampos@gmail.com Phone: to follow

When the practice-scheduling tool is opened up for you to select your parent coach led practice location and day, please select a different coach led practice day from your Challenger training day. (i.e. You can't do both on a Monday). If you would like another day or time slot, please contact the coach who has that slot and see if they can switch with you. If you work something out, let us know and we will change the schedule. U10 teams are doubled up.

The list of town coach contact info is below. Have a great season!

Thanks
BYSA BOD

Session 1 Trainer – Sam Ioannides

Day	Monday	Tuesday	Wednesday	Thursday	Friday
4:30pm - 5:40pm	GU10-1 Lauder GU10-2 Young	U8 session 3	BU12-5-Argawalla	U8 session 7	BU10-5 Shanahan BU10-6 Almstrom
5.40pm – 6:50pm	U8 session 2	GU12-3 Clement	U8 session 6	BU12-2 Irwin	BU10-2 Yutkins BU10-3-Prajapati
6.50pm – 8:00pm	BU14-1 Mahoney	BU10-1 Heldenbergh BU10-4 Newhall	BU12-1 Burke	GU12-2 Brouady	GU16 Tremblay

Session 2 Trainer – Matheus Campos

Day	Monday	Tuesday	Wednesday	Thursday	Friday
4:30pm - 5:40pm	U8 Session 1	U8 session 4	U8 session 5	GU10-3 Shvartsman GU10-6 Liljegren	GU14-3 Hmina
5.40pm - 6.50pm	GU12-1 Pigott	BU14-2 Cunningham	GU10-4 Thomas GU10-5 Jay	BU12-4 Basile	GU14-2 Kikuchi
6.50pm – 8:00pm	BU14-4 Hudson	GU14-1 S.Burke	BU14-3 Noonan	BU12-3 Pupa	U8 session 8

Coach contact information:

BU10-1	Gary Heldenbergh	(h) 781-272-5651	(c)781-325-3471	gheldenbergh@vistaprint.com
BU10-2	Annmarie Yutkins	(h) 781-273-0015		ayutkins@yahoo.com
BU10-3	Dattu Prajapati	(h)781-273-1292	(c)781-738-4269	dattup@gmail.com
BU10-4	Christopher Newhall	(h) 781-273-3115	(c)617-962-7565	cbnewhall@gmail.com
BU10-5	Ken Shanahan	(h)571-420-0200	(c)571-420-0200	Tabr0242@gmail.com
BU10-6	Nila Almstrom	(h)617-259-0968	(c) 617-259-0968	uagarwalla@alum.mit.edu
GU10-1	Gina Lauder	(h) 781-750-8800	(c)781-552-9528	glauder15@comcast.net
GU10-2	Reid Young	(h) 508-423-9306	(c)508-423-9306	Reidyoung@yahoo.com
GU10-3	Paul Shvartsman	(h) 6178923535	(c)6178923535	pshvartsman@hotmail.com
GU10-4	Suzi Thomas/Nicole	(h)781-272-1850	(c)617-840-3581	suzimcg@hotmail.com
GU10-5	Jennifer Jay	(h)603-493-2783	(c)603-493-2783	Jenjay9260@icloud.com
GU10-6	Karl Liljegren	(h)781-221-2205	(c)617-645-8790	KI_4@hotmail.com
BU12-1	Timothy Burke	(h) 781-365-1780	(c)617-669-0535	Tburke68@gmail.com
BU12-2	Shaun Irwin	(h)781-365-1611	(c)781-491-3734	Sirwin127@gmail.com
BU12-3	Brian Pupa	(h) 781-221-3072	(c)781-507-6746	btpupa@hotmail.com
BU12-4	Joe Basile	(h)781-750-8073	(c)978-771-1863	jbasilecsc@gmail.com
BU12-5				
GU12-1	Kimberly Pigott	(h) 781-221-0175	(c)781-726-1795	perfectpromo@verizon.net
GU12-2	Christopher Brouady	(h) 781-750-8022	(c)781-856-1055	brouady@aptima.com
GU12-3	Ryan Clement	(h)781-270-3552	(c)617-281-0759	rclmnt@yahoo.com
BU14-1	Brian Mahoney	(h) 781-365-0349	(c)617-899-4995	bgmahoney@yahoo.com
BU14-2	Brian Cunningham	(h) 781-229-2363		brianmissy4@verizon.net
BU14-3	Tim Noonan	(h) 781-365-0021	(c)978-430-3136	tnoonan@rmccash.com
BU14-4	Ray Hudson	(h) 781-229-2964	(c)781-223-1045	rhudson@rcn.com
GU14-1	Sherry Burke	(h) 617-293-5098	(c)617-293-5098	sherrykburke@gmail.com
GU14-2	Lawrence Kikuchi	(h)781-273-5089	(c)617-320-6996	lkikumail@gmail.com
GU14-3	Abderrahim Hmina	(h)781-484-7691	(c)781-484-7691	Abdulhmina1@gmail.com
GU16	Steve Tremblay	(h)781-365-1410	(c)781-365-1410	sgtremblay@gmail.com