



Challenger training schedule: Spring 2018

Challenger team practice sessions will start on Monday 4/23 and run for 6 weeks. During the season, please communicate with your trainer if you need to cancel any practice due to weather or for other reasons. If weather is a factor for training sessions, they may be canceled in several ways:

- The Rec Dept. may close all fields – you will be notified via e-mail
- Coaches may cancel practice if they see it fit to do so. Please let the Challenger trainer know if you do cancel.
- Challenger trainers may cancel practice at the field itself if there is sudden rain or lightning that presents safety issues. They will stay at the field to notify any arriving players and coaches.

I will send an update with more complete Challenger trainer contact information as soon as it is available.

Please note that it is REQUIRED and very important that coaches attend their team's Challenger practice sessions to help out and learn!!! It is not an option to skip challenger and hold a coaches practice instead. The challenger coaches will work with you to develop training sessions , so please communicate any needs your team has.

Challenger session location:

Challenger training sessions will be held at Francis Wyman

Challenger trainer contact information:

Sam Ioannides: samioannides@icloud.com Phone: 401-318-6255

Matheus Campos: matheus.olscampos@gmail.com Phone: 617-710-5468

When the practice-scheduling tool is opened up for you to select your parent coach led practice location and day, please select a different coach led practice day from your Challenger training day. (i.e. You can't do both on a Monday).

If you would like another day or time slot, please contact the coach who has that slot and see if they can switch with you. If you work something out, let us know and we will change the schedule. U10 teams are doubled up.

The list of town coach contact info is below. Have a great season!

Thanks
BYSA BOD

Session 1 Trainer – Sam Ioannides

Day	Monday	Tuesday	Wednesday	Thursday	Friday
4:30pm - 5:45pm	U8 Session 1	U8 session 4	BU12-5 King	BU12-1 Heldenbergh	U8 session 8
5.45pm – 7:00pm	U8 session 3	BU10-1 Shanahan BU10-2 Howard	GU12-2 Mahoney	U8 session 7	BU12-2 Abbott
7:00pm – 8:15pm	BU12-4 Mercier	GU10-2 Clement GU10-5 Doody	BU14-1 Newhall	GU14-2 Kasparian	BU10-3 Alstrom BU10-4-Clemmer

Session 2 Trainer – Matheus Campos

Day	Monday	Tuesday	Wednesday	Thursday	Friday
4:30pm - 5:45pm	U8 Session 2	GU12-1 Lauder	U8 session 6	GU10-1 Thomas GU10-4 Basile	GU10-3 Rabazzi Girls Small U8 Session
5:45pm - 7:00pm	BU10-5 Reda BU10-6 Bagnol	U8 session 5	GU12-3 Clement	BU14-3 Gray	BU12-3 Prajapati
7:00pm - 8:15pm	BU14-4 Hudson	GU12-4 Mulkerin	BU14-2 Brand	GU14-1 Burke	U8 session 9

Coach contact information:

BU10-1	Ken Shanahan	(h) 571-420-0200	(c)571-420-0200	Ksha0464@me.com
BU10-2	Stephen Howard	(h) 781-750-8848	(c)617-893-8464	showard@progress.com
BU10-3	Nila Almstrom	(h)617-259-0968	(c)617-259-0968	nilaalmstrom@hotmail.com
BU10-4	Buddy Clemmer	(h) 508-397-9378	(c)781-258-3935	Buddy.clemmer@gmail.com
BU10-5	Steve Reda	(h)617-240-1721	(c)617-240-1721	Sreda001@gmail.com
BU10-6	Laurent Bagnol	(h)781-365-0117	(c) 908-528-1237	lbagnol@hotmail.com
GU10-1	Suzi Thomas	(h) 781-272-1850	(c)617-840-3581	suzimcg@hotmail.com
GU10-2	Ryan Clement	(h) 781-270-3552	(c)617-281-0759	rclemnt@yahoo.com
GU10-3	Paul Rabazzi	(h) 781-272-3088	(c)781-249-6665	Pvbazi@gmail.com
GU10-4	Joseph Basile	(h)781-750-8073	(c)978-771-1863	jbasilecsc@gmail.com
GU10-5	Patrick Doody	(h)617-379-1573	(c)631-379-1573	chiropracticboston@gmail.com
BU12-1	Gary Heldenbergh	(h) 781-272-5651	(c)781-325-3471	gheldenbergh@vistaprint.com
BU12-2	Mark Abbott	(h)781-272-1477	(c)978-852-8547	absabbs@gmail.com
BU12-3	Dattu Prajapati	(h)781-273-1292	(c)781-738-4269	dattup@gmail.com
BU12-4	Jassen Mercier	(h)781-272-5272	(c)617-763-8410	jassenmercier@hotmail.com
BU12-5	Geoff King	(h)781-365-0097	(c)508-314-1322	geoffmking@gmail.com
GU12-1	Gina Lauder	(h) 781-750-8800	(c)781-552-9528	glauder15@comcast.net
GU12-2	Kevin Mahoney	(h)781-229-6637	(c)781-521-9121	kevintmahoney@hotmail.com
GU12-3	Ryan Clement	(h) 781-270-3552	(c)617-281-8680	rclmnt@yahoo.com
GU12-4	Kristen Mulkerin	(h)781-439-0766	(c)781-439-0766	kmulke@aol.com
BU14-1	Chris Newhall	(h) 781-273-3115	(c)617-962-7565	cbnewhall@gmail.com
BU14-2	Thom Brand	(h) 781-270-1998	(c)781-81-4815	Thomas.m.brand@lahey.org
BU14-3	Michael Gray	(h)781-272-3397	(c)617-480-4061	Mgray44@gmail.com
BU14-4	Ray Hudson	(h) 781-229-2964	(c)781-223-1045	rhudson@rcn.com
GU14-1	Sherry Burke	(h) 617-293-5098	(c)617-293-5098	sherrykburke@gmail.com
GU14-2	James Kasparian	(h)781-750-8616	(c)413-626-3045	jjamba@aol.com