

Greetings Coaches,

We are excited to announce that both Ako and Augusto will be returning as Challenger coaches this year and will be leading one training session per team per week. This year we have designed a specific curriculum that will progress each week, with the focus on building not only the players' technical abilities but also their soccer IQ.

In effort to better align the name of these session with the skills that we will be focusing on, as well as provide an aspirational target for the players, the Challenger Coach led session are being rebranded and will be called Play Like A Pro practice sessions.

Below is a schedule of the skills that will be focused on each week.

Week 1 Lead From The Back (Defense)
Week 2 Become Untouchable (Midfield)
Week 3 Goals Galore (Attacking)
Week 4 Shot Stopper (Goalie)
Week 5 Ball Mastery (Foot skills/Dribbling)
Week 6 Control The Game (Passing)
Week 7 One Team, One Mind (Transitioning and Finishing)
Week 8 Work Hard, Play Hard (Game Play)

Play Like A Pro practice session schedule: Fall 2022

Play Like A Pro practice sessions will start on Tuesday 9/6 and run for 8 weeks. During the season, please communicate with your trainer if you need to cancel any practice due to weather or for other reasons. If weather is a factor for training sessions, they may be canceled in several ways:

- The Rec Dept. may close all fields - you will be notified via e-mail
- Coaches may cancel practice if they see it fit to do so. Please let the Challenger trainer know if you do cancel.
- Challenger trainers may cancel practice at the field itself if there is sudden rain or lightning that presents safety issues.

They will stay at the field to notify any arriving players and coaches.

Please note that it is **REQUIRED** and very important that coaches (both head and assistant) attend their team's Play Like A Pro practice sessions to help out and learn!!! It is not an option to skip Play Like A Pro practice session and hold a coaches practice instead. As mentioned in the coaches training sessions held this week, the focus of the Play Like A Pro practice session will be focused on the development of core fundamental skills and player IQ. In order to successfully execute the curriculum, coach participation will be required.

While we can't make attendance mandatory for players, we'd like for you to strongly encourage your teams to attend all sessions. We are fortunate to have great coaches and the more touches the kids get on the ball better they will become! Plus, playing is a lot fun!!!

Challenger session location:

- Training sessions will be held at Francis Wyman

Challenger trainer contact information:

- Augusto Camara
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 - o 573-530-2531
- Akolade Gbadebo
- koolaidg33@gmail.com
 - o 913-278-6124

When the practice-scheduling tool is opened, for you to select your parent coach led practice location and day, please select a different coach led practice day from your Challenger training day. (i.e., You can't do both on a Monday).

The training schedule info is below. Have a great season!

Thanks

BYSA BOD

Coach	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Ako	4:30	U8 Clinic TBD	U8 Clinic TBD	U8 Clinic TBD	U8 Clinic TBD	U8 Clinic TBD
Augusto	4:30	U8 Clinic TBD	U8 Clinic TBD	U8 Clinic TBD	U8 Clinic TBD	U8 Clinic TBD
Ako	5:30	B34-1	B34-4	B34-5 Gold	B34-5 Iron	G56-1
Ako	5:30	B34-2	B56-4 White	B34-5 Steel	B34-5 Brass	B56-4 Blue
Augusto	5:30	G34-2 Fire	B56-3	B56-1	G78-2	HOLD FOR CLINIC
Augusto	5:30	G34-2 Rain	G56-2	B56-2	G78-1	HOLD FOR CLINIC
Augusto	6:30	G34-4 Desert	G56-4 Red	B34-5 Copper	B34-3	G34-4 Mountain
Augusto	6:30	G34-4 Forest	G56-3	G56-4 blue	G34-3	G34-4 Ocean
Ako	6:30	B78-2	B56-4 Black	G78-3	G34-1	Open
Ako	6:30	B78-1	B56-4 Red	B78-3	G56-4 White	Open