



ADAM NUGENT

YOUTH FOOTBALL COACH, EDUCATOR, MANAGER

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PROFILE

As an experienced and committed football coach, with a broad practical and academic background across all sectors, I am dedicated to optimising the coaching, education, development, and welfare of young football players. With qualifications including the FA UEFA B Coaching Licence, USSF National Youth A Licence, FA Youth Award, and more formal education in the form of a BA (Hons), Child and Youth Studies, a postgraduate certificate, Integrated practice in childhood and an MSc, Performance Coaching (Sport).

With extensive experience in a variety of roles, including Academy Coach and Community Coach at Carlisle Utd, and much experience coordinating and managing football development programmes for children and young people, I bring a unique perspective to my work. Additionally, my time as a teacher and youth worker has allowed me to hone my communication and leadership skills, making me an ideal candidate for any coaching or management position.

Overall, I am committed to using my expertise and experience to make a positive impact on the lives of young football players and to contribute to the success of any organisation I work with.

PROFESSIONAL EXPERIENCE



Sept 2023 -Present

Community Football Coach, Altrincham Football Club



Jun 2023-Present

Talent Identification Consultant, First Point USA



Jun 2023 - Aug 2023

Football Coach, British Summer School



Aug 2022 - Jun 2023

Academy Coach, Carlisle United FC



Nov 2022 - May 2023

Community Coach, Carlisle United CST



Aug 2022 - Nov 2022

Lead Football Coach, Center Parcs



Apr 2022 - Jul 2022

Football Coach, UK Sports Coaching



Jan 2022 - Mar 2022

Life Skills Tutor, Petrus Community



Oct 2021 - Dec 2021

Football Coach Youth Worker, Manchester Youth Zone



Aug 2021 - Sep 2021

Field Sales Executive, Logobrand



Sep 2020 - Jul 2021

Football Development Consultant, FootballEd



Sep 2018 - Aug 2020

ESL Teacher, DaDa Education



Sep 2010 - Aug 2018

PE Teacher, Hays Education



Feb 2007 - Jul 2010

Head of Football, Sports Development Solutions



Nov 2005 - Jun 2007

Lead Youth Development Phase Coach, Bury FC



May 2006 - Jan 2007

Football Development Officer, Burnley Council



Jan 2005 - Oct 2005

Director of Coaching, Johnston Soccer Club



Aug 2002 - Jan 2005

Development Coordinator, Johnston Soccer Club



Sep 2002 - Aug 2005

State ODP Coach, Iowa Soccer Association



May 2004 - Aug 2005

State Director, Coerver Coaching



May 2002 - Jul 2002

Coach, Plymouth Soccer Association



Sep 1999 - May 2002

Academy Dev' Centre Manager, Blackburn Rovers FC



Aug 2000 - Apr 2002

Regional Manager, Challenger Sports



May 2000 - Aug 2000

Camp Director, Challenger Sports



Sep 1997 - May 2000

Founding Director, First Touch Soccer



Jun 1999 - Aug 1999

Coach, Major League Soccer



Jul 1998 - Jun 1999

Academy Coach, Peterborough United FC



Mar 1997 - Aug 1997

Youth Entertainment Leader, Haven Holidays



Apr 1995 - Mar 1997

Coach, Bobby Charlton International Soccer Schools



Feb 1995 - Jan 1997

Coach, Manchester Football Association



Jun 1996 - Aug 1996

Coach, Britannia Soccer

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QUALIFICATIONS & EDUCATION



- FA UEFA B Coaching Licence
- USSF National Youth A Licence
- FA Youth Award
- FA Academy Youth Coaches Award (U11/12-16)
- USC Advanced National Coaching Diploma
- FA Emergency First Aid in Football cert'
- FA Safeguarding Children certificate
- FAW International Award in Coaching
- City & Guilds NVQ L2 in coaching football to children
- FA Introduction to Coaching Futsal Award
- FA Intro' to Talent Identification Award

2017-2019

MSc, Performance Coaching (Sport)
The University of Stirling

2015-2016

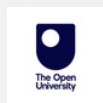
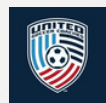
PG Cert, Integrated practice in childhood
The Open University

2007-2013

BA(Hons), Child and Youth Studies
The Open University

1997-1999

HE Certificate, Sport Science and Recreation Management
Nottingham Trent University



COACHING AND MANAGEMENT PHILOSOPHY

Activities delivered for children and young people under my leadership will maximise positive outcomes in terms of learning, enjoyment, and development. They will bring about improvement both on and off the football pitch utilising autonomy-supportive learning techniques where children and youths are empowered and take some ownership of their own development.

Young players will be encouraged to freely express themselves as footballers and as growing humans, and in doing so, the players will be provided the optimal conditions and environment to emerge as excellent, creative, instinctive footballers and happy, moral, self-aware, independent people.

Through patient guidance, encouragement, and positive reinforcement, my coaches and I will inspire our players with maximum participation activities, practices, games, and competitions. The aim is to achieve active learning, and to achieve this aim, there will be an emphasis upon the deployment of a combination of coaching styles.

In particular, guided discovery and question and answer styles will be adopted. Children and youths are key agents in their own learning and development. As such, they will enjoy learning this way, and their development will be permanent.

In football training and practice, the activities will teach football technique and skill, and educate players how to consistently and regularly make the right decisions at the right moments and how to do so confidently, with independence, and without the fear of failing.

Practice and game reflection will educate prodigies on tactics related to different moments of the game - when in possession, when out of possession, and when possession transitions. It will highlight aspects to consider in the decision-making process and how a multitude of factors might influence decisions.

Young players will learn to think fast, scan quickly and effectively, and make good informed decisions with speed.

Through mutual trust and respect, the players will be not only efficiently engaged but inspired. Inspired to play football, enjoy football, and even love football.

The chances of developing great players will be maximised whilst all participants are prepared for a successful and fruitful life both inside and outside the beautiful game of football.

MEMBERSHIPS

- LCA (League Coaches Association)
- England Football
- NASC (National Association of Sports Coaches)
- UK Coaching

