

In-town

Specific Rules of Play

U8 Specific Rules of play:

Team Check in:

- Check cleats (should not have baseball/softball cleats)
- Shin guards are required
- Explain how to throw-in
- Explain goal kicks and where the team without possession needs to be at half line
- Explain keeper possession so they know to stop play

Play time: 20 min halves, 5 min half-time. (10 min quarters if hot) Game starts on the hour and ends on the :50

Start of game/half: FIFA rules: No 2nd touch needed.

Throw-ins: If mistake is made, stop game play, explain and briefly show, have the player re-throw.

Corner Kicks: FIFA Rules

Goal Kicks: Opposing team must move back to half line to allow build out. Ref should remind opposing players to move to half line. If players are not moving back, hold start of the game (goal kick) until they move back.

Goal Keeper Protection: If Keeper has hands on ball consider this keeper possession even if it is not firm. Play on the side of caution. Be prepared to tell players “keeper has the ball” to warn them not to continue to play. If keeper is only playing with feet than this is not possession and the opposing team can continue.

Substitution: Coaches can substitute on any out of bounds play. If ball does not go out for a long period of time the coach can substitute on the fly. This would be infrequent but permissible.

No off sides

U10/12 Specific Rules of play:

Team Check in:

- Check cleats (should not have baseball/softball cleats)
- Shin guards are required

- Explain keeper possession so they know to stop play
- Explain Off sides will be called.

Play time: 20 min halves, 5 min half-time. (10 min quarters if hot) Game starts on the hour and ends on the :50

Start of game/half: FIFA rules: No 2nd touch needed.

Throw-ins: FIFA Rules.

Corner Kicks: FIFA Rules

Goal Kicks: FIFA Rules

Goal Keeper Protection: If Keeper has hands on ball consider this keeper possession even if it is not firm. Play on the side of caution. Be prepared to tell players “keeper has the ball” to warn them not to continue to play. If keeper is only playing with feet than this is not possession and the opposing team can continue.

Substitution: Coaches can substitute on any out of bounds play.

Off sides: FIFA Rules

U14/18 - Specific Rules of play:

Team Check in:

- Check cleats (should not have baseball/softball cleats)
- Shin guards are required
- Explain keeper possession so they know to stop play
- Explain Off sides will be called.

Play time: 25 min halves, 5 min half-time. (12 min quarters if hot) Game starts on the hour and ends on the hour.

Start of game/half: FIFA rules: No 2nd touch needed.

Throw-ins: FIFA Rules.

Corner Kicks: FIFA Rules

Goal Kicks: FIFA Rules

Goal Keeper Protection: If Keeper has hands on ball consider this keeper possession even if it is not firm. Play on the side of caution. Be prepared to tell players “keeper has the ball” to warn them not to continue to play. If keeper is only playing with feet than this is not possession and the opposing team can continue.

Substitution: Coaches can substitute on any out of bounds play.

Off sides: FIFA Rules