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"How Credible Coaches Create Confident Competitors"

by David Benzel, Sport Family Coach & Former ESPN Commentator

A Coach's Workshop for Improving Athletic Performance

Sunday, March 24th, 6:00 PM to 8:00 PM
Dracut High School, 1540 Lakeview Ave.

- **Discover the Best-Kept Secret in Effective Coaching:**
Learn how to help athletes move from point A to point B in their journey.
- **Solve the Mystery of Motivation:**
Discover the mystery of motivation and learn the limitations.
- **Ask the Two Most Important Questions:**
When faced with performance issues learn to use the two most fundamental questions.
- **Earn the Unshakable Loyalty of Your Players:**
Uncover the biggest reason some coaches have the unshakable loyalty of their players.
- **Create an Ideal Learning Environment:**
Are you using the ideal ratio of positive to negative emotions in your coaching environment for maximum improvement?

RSVP at www.growingchampionsforlife.com/dracutcoach

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(352) 267-5344

David Benzel

GROWING CHAMPIONS FOR LIFE

keynote topics

"Give Your Child Bullet-Proof Self-Confidence"
David addresses the foundations of your child's self-belief and teaches you a powerful strategy for helping your child take charge of personal self-confidence in every situation. Wouldn't you like your child to have that gift?

"The Parenting Battle We Must Choose to Lose"
A parent's paradox is how to maintain enough control to raise a champion, but not enough to break the spirit of one. David shares insights and strategies for discerning the difference between guidance and control, challenging and nagging, hero and manager.

"The Secrets of Chump to Champ Coaching"
Gaining commitment from young athletes, rather than just compliance is the trickiest and the most important challenge in coaching. If you wish to be remembered as a significant influence in a child's life, learn the secret of the chump to champ journey.

david benzel
is an author, athlete, sport-family coach, and nationwide speaker. He brings an athlete's discipline, a coach's inspiration, and a parent's experience to teach parents and coaches skills for succeeding in the athletic arena. His fifteen years as a corporate leadership coach for companies like Hewlett, Sprint, Alstate, Radnor Seattle, and The Villages established him as an expert in the principles of influence and coaching. Raising two elite-level athletes has given David boundless passion and hundreds of positive strategies for connecting with our athletic children.

- Eight time national water skiing champion
- Five time national record holder in water ski jumping
- Coach of the US water ski team to the world championships, which they won
- Coached Cynel Benzel, (spouse) currently co-holder of a national water ski slalom record
- Competitor in Master level cycling; has won 5 races in Florida
- Recipient of the Award of Distinction by the Water Skiing Hall of Fame of USA Water Ski

media
David's ten years as a commentator for ESPN and the Outdoor Life Network provide his audiences with vivid insights about the challenges of sport.

to book david:
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Quick Links: [David on Social Media](#) | [Learning Center](#) | [David's Blog](#)

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