



Dracut Soccer Association

Coaches Concussion Online Website Certificate Program

- Step One - Please click on the following link:
<http://www.cdc.gov/headsup/youthsports/training/index.html>
- Step Two – click on 'Launch the Course' on the right-hand side of the page;

[CDC](#) > [HEADS UP](#) > [HEADS UP to Youth Sports](#)

HEADS UP to Youth Sports: Online Training



Changing the Culture of Concussion Starts With You!

By taking this free, online course and using what you learn, you will be well positioned to improve the culture of concussion. Your actions can help create a safe environment for young athletes so that they can stay healthy, active, and thrive - both on and off the playing field.

Once you complete the training and quiz, you can print out a certificate, making it easy to show your league or school you are ready for the season.

What Will I Learn in This Training?

This course will help you:



- Step Three – enter your full name;

HEADS UP
CONCUSSION
IN YOUTH SPORTS

1 CONCUSSION BASICS
2 RECOGNIZING A CONCUSSION
3 RESPONDING TO CONCUSSIONS
4 GETTING BACK IN THE GAME
5 CONCUSSION PREVENTION

RESOURCE CENTER

Enter your full name as you'd like it to appear on your completion certificate.

SUBMIT

CONCUSSION
IN YOUTH SPORTS

CDC

- Step Four – complete the program;
- Step Five – email PDF file of your completion to your DSA Travel Commissioner (Boys - Scott @ sjsoucy@comcast.net; Girls – Doug @ dtscanlon@comcast.net);
- Please note that each and every coach **MUST** provide a copy of their passing certificate before they will be allowed to coach any games this Spring.