



DSA Recreation

Coach Introduction

9/9/2021

<https://dracutsoccer.com/>

Intro - Agenda



- Introductions
- Schedule
- Game Day
 - Field Setup
 - Session Schedule
- Coaches / Players / Spectator Expectations
 - Heading
- CORI and Registered Adults
- Concussion Policy
- COVID-19 Policy
- Coaching Resources



Rec Soccer Schedule

2021 Fall

- All Games will be a Veteran's park
- Season Begins 9/12 and Ends 11/7
 - no games on 10/10 Columbus Day
- Schedule By Age Group
 - U6 at 9:00am - 10:30am (90 Minutes)
 - Micro 11:00am - 12:00 (60 Minutes)
 - U7/U8 Girls 12:15pm - 1:45pm, (90 Minutes)
 - U7/U8 Boys 2:00pm - 3:30pm (90 Minutes)
- Team Pictures will be Sept. 26th



Rec Soccer Photo Day

September 26th



- Pictures will be at will be a Veteran's park

Time	Division	Team
	U6	
9:00		Barracludas and Dolphins
9:15		Bobcats and Gators
9:30		Cobras and Hornets
	Micro	
10:00		Bears
10:07		Eagles
10:14		Foxes
10:21		Panthers
10:28		Lions
10:35		Tigers
10:42		Cougars
10:49		Wildcats
10:56		Bulldogs
11:03		Knights
	Girls U8	
11:30		Red Stars
11:37		Breakers
11:44		Dash
11:51		Flash
11:58		Reign
12:05		Spirit

Time	Division	Team
	Boys U8	
1:00		United
1:10		Sounders
1:20		Galaxy
1:30		Rapids
1:40		Timbers
1:50		Revolution



Game Day Cancellations

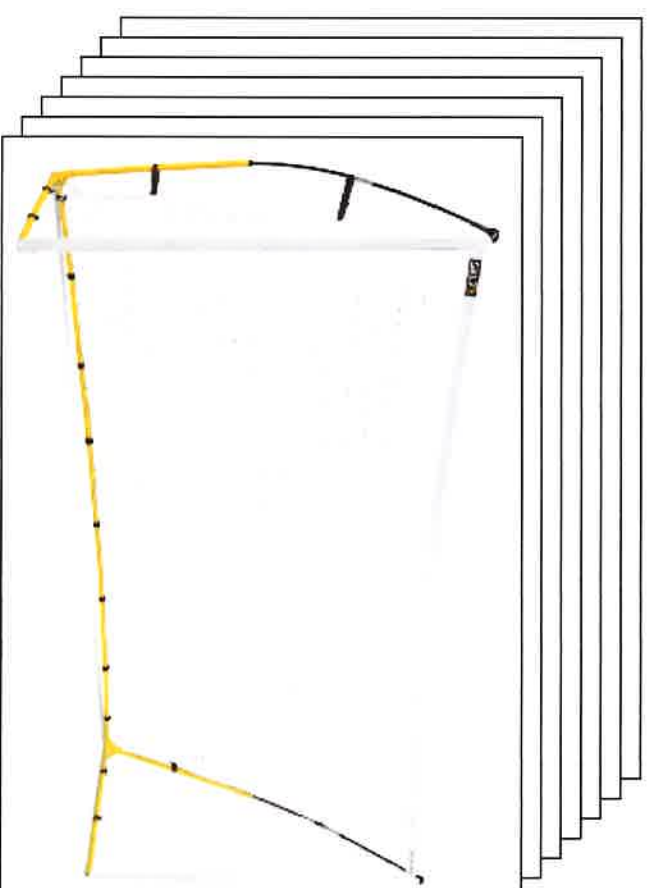
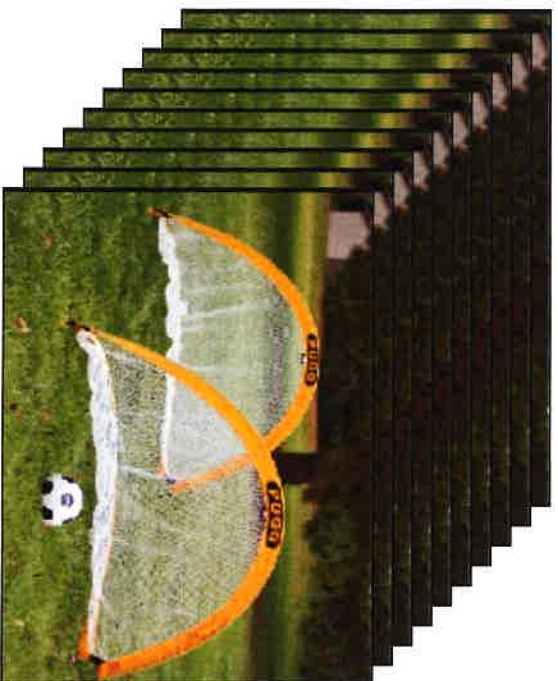


- Games will not be canceled for light rain
- Rain outs will be called around 7:00am on game day
 - Posted to Website
 - Email to Coaches and Parents



Field Setup and Cleanup

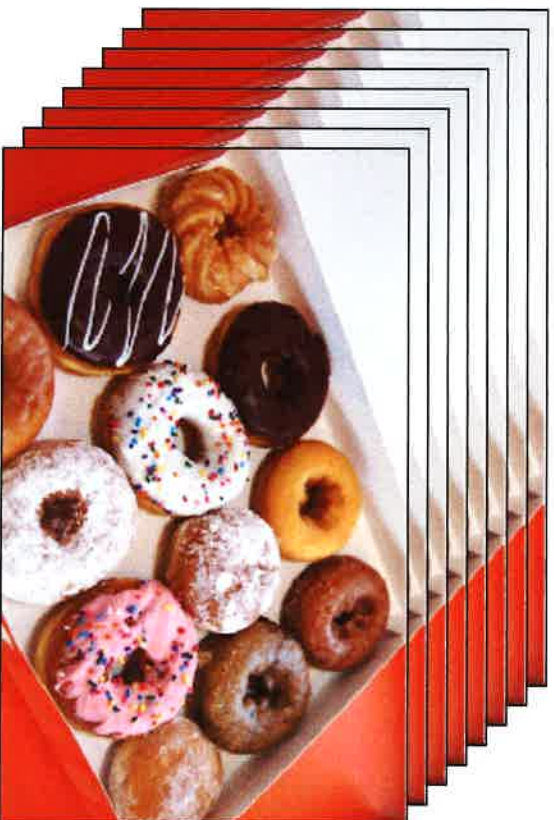
- Meet to Setup at 8am on Sunday
- First Game Starts at 9:00am
- Last Game Ends at 3:30 pm



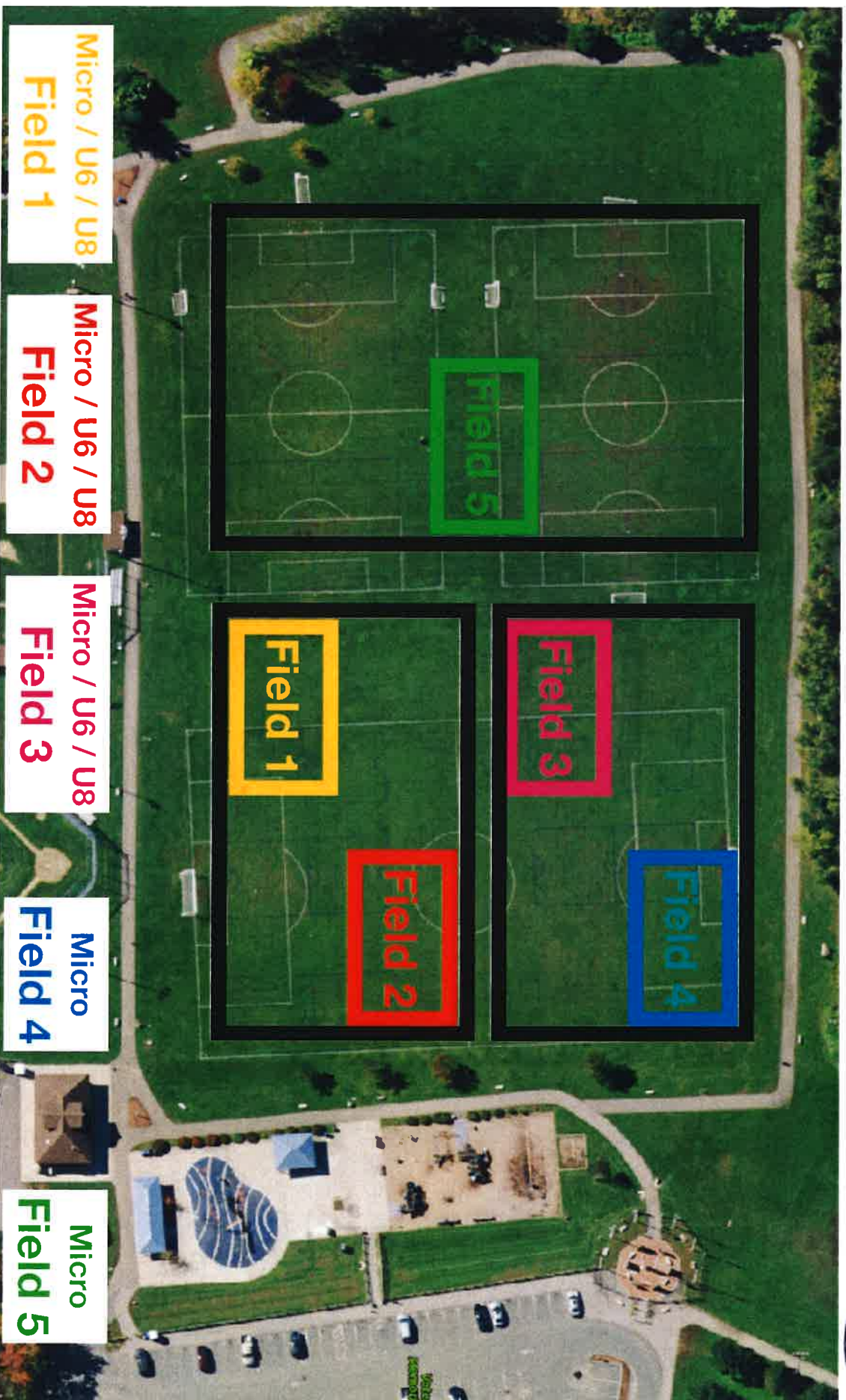


Field Setup and Cleanup

- Meet to Setup at 8am on Sunday
- First Game Starts at 9:00am
- Last Game Ends at 3:30 pm



Dracut Soccer Association Fall 2021



Micro / U6 / U8
Field 1

Micro / U6 / U8
Field 2

Micro / U6 / U8
Field 3

Micro
Field 4

Micro
Field 5



Dracut Soccer Association
Fall 2021



Field Signage

Changes Week to Week

Micro Field 1
11:00am
Home Bears
-vs-
Away Bulldogs

Micro Field 2
11:00am
Home Cougars
-vs-
Away Eagles

Micro Field 3
11:00am
Home Foxes
-vs-
Away Knights

Micro Field 4
11:00am
Home Lions
-vs-
Away Panthers

U6/U8 Field 1
9:00am
Home Barracudas
-vs-
Away Bobcats

U6/U8 Field 2
9:00am
Home Cobras
-vs-
Away Dolphins

U6/U8 Field 3
9:00am
Home Gators
-vs-
Away Hornets

Micro Field 5
11:00am
Home Tigers
-vs-
Away Wildcats

12:15pm
Home Breakers
-vs-
Away Dash

12:15pm
Home Flash
-vs-
Away Red Stars

12:15pm
Home Reign
-vs-
Away Spirit

2:00pm
Home Galaxy
-vs-
Away Rapids

2:00pm
Home Sounders
-vs-
Away Revolution

2:00pm
Home Timbers
-vs-
Away United

Field 1 Home ----- Away

9:00am
Barracudas-vs-Bobcats

11:00am
Bears-vs-Bulldogs

12:15pm
Breakers-vs-Dash

2:00pm
Galaxy-vs-Rapids

Field 1

Balls / Cones / First Aid

Coaches Keep for the season

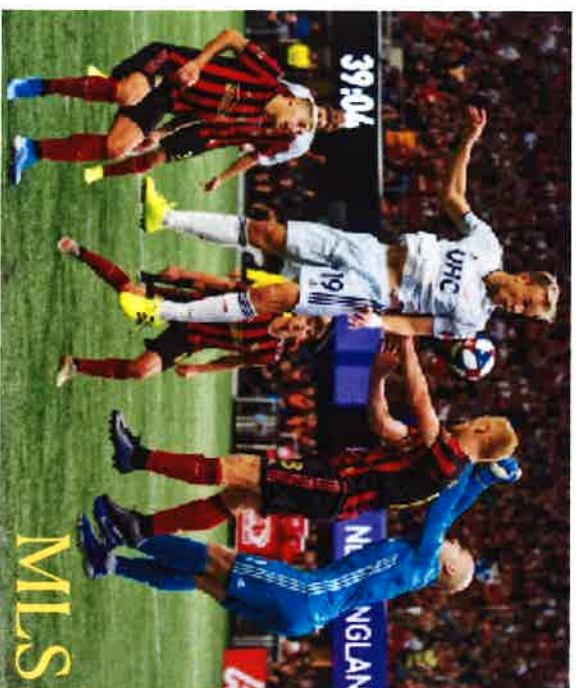


- Pick Up at the First Game
- Each Coach will be issued a bag to keep for the season
 - Age Specific Soccer Balls
 - First Aid
 - COVID Supplies
- Bring Coach Bag Home with you
- Leave at the Field on the last game



Coach / Player / Spectator Expectations Zero Tolerance

Sometimes People confuse the DSA with MLS



- Our Referees are our players - They are learning to be Referees
- Zero Tolerance for communication between Parents and Referees
- When in doubt - Notify a DSA board member

Game Day



- Heading Policy
 - No Heading the ball in Recreation Soccer
- Micro Session Schedule (Whole Team Plays)
 - First 30 minutes - Practice / Skills
 - Last 30 minutes - Game (No Score Keeping)
 - Coaches are Referees
- U6(5v5) and U8 (5v5 Plus Goalie) Session Schedule
 - First 45 minutes - Practice / Skills / Drills
 - Last 45 minutes - Game (No Score Keeping)
 - 2 halves 20 minutes each
 - Halftime is 5 minutes
 - Referees will officiate the game when available
- No Keeping Score in the Rec. Soccer Program

Uniforms



- Uniforms available at
 - Dracut Threads
 - 1595 Lakeview Ave.
 - (978) 710 3501
- Uniform:
 - Reversible Shirt
 - Shorts
 - Sox
- Shin Guards are Required
- Cleats are recommended but not required
 - Soccer cleats have no cleat at the tip of the toe





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BACKGROUND CHECKS

Expanded Background Checks

Consistent with requirements of new statutes, (such as requiring that those who train youth soccer be criminally cleared as well as sex offense cleared), the following individuals are required to have criminal and sex offense records checks:

 - All individuals who have the opportunity to have direct and unsupervised access to children 16 or have background screening for the position:
 - Massachusetts Criminal Offender Record Information (CORI) check
 - National Background Check (link source at State and National Sexual Offender Registry Bureau).

Mass Youth Soccer will then review against all necessary external databases, disqualify all fails and disciplinary records.

The following individuals are required to register:

 - Coaches (all youth)
 - Team Managers, including designated team parents and parent team management responsibility
 - Board members (Finance, Player Dev, Administrative, Governance/Club, Support, etc.)
 - Referee Pool: All USSF Referees will complete their CORI report (either through MASC)
 - Trainers (Professional or Recreational)
 - Volunteers
 - Officials (Referees)
 - Coaches (Volunteer)
 - Team Parents (Referees, Employees, Volunteers)
 - Youth Soccer (Referees, Employees, Volunteers)

Any other person age 16 or older who may have the opportunity to have direct and unsupervised access to children

MA Safe Soccer

About MA Safe Soccer

COVID-19

Active Participation

Background Checks Overview

COMPLIANCE AND PROCEDURES

Keeping Kids Safe Online

Head and Birth Certificate

Goal Safety



- Centers for Disease Control and Prevention**
 1615 Clifton Road, NE Atlanta, GA 30333
 404-639-1414
www.cdc.gov

100% Joy Contain HEADS UP

► **Infantile I.P.**

From 1 July 2005

Incline Safety

Youth Sports

TRUCK & SPORTS - ONLINE COMMUNITY

11605175

(continued)

Parish

Amherst

Allegre, J.-C. *Journal de la vie*

Sulfonolipids

Schools

To help ensure the health and safety of young athletes, CDC developed the HEADS UP Concussion in Youth Sports initiative to offer information about concussions to coaches, parents, and athletes involved in youth sports. The HEADS UP initiative provides important information on preventing, recognizing and responding to a concussion.

Coaches



LCN (Lesson / resources for youth sports coaches)

Notes

Faselnis



CLASSROOM RESOURCES
for parents of youth
diabetics

Majority

Sports Officials



For more information, visit www.officialsforyouthsports.com

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Young Athletes



CONSUMER RESOURCES
for youth athletes

References



CDC HEADS UP

SAFE BRAIN. STRONGER FUTURE.

AWARDED	EXPIRATION DATE	CO
10/1/00	9/30/01	01
10/1/01	9/30/02	02
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10/1/05	9/30/06	06
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10/1/98	9/30/99	

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Ronald Siegel

**In recognition of completing the HLADS UP Conclusion
Training for Youth Sports Coaches**





COVID-19 Safety Protocols

- COVID-19 Safety Protocols
- DSA follows:
 - MA Youth Soccer Guidelines
 - Dracut Board of Health Guidelines
- <https://www.mayouthsoccer.org/covid-hub/>



MASSACHUSETTS YOUTH SOCCER ASSOCIATION

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COVID HUB

Welcome to Mass Youth Soccer's COVID-19 Hub. For most recent updates from Mass Youth Soccer regarding Protocols, Policies and Best practices, please click one of the buttons in the gray band menu at the top page.

Please check with your board only prior to conducting any soccer activities to make sure you are compliant with any local COVID-19 or recreation regulations.

COVID-19

COVID-19

Protocol Documents

Physician Procedures

COVID Safety Officer

Attendance Logs

MA State Travel Advisory

COVID-19 Resources

Important Occurrences

FOR ALL COVID-19 Recommended Procedures - September 1



MASSACHUSETTS YOUTH SOCCER ASSOCIATION

COVID-19 Fall 2021 Recommended Procedures

September 1, 2021

COVID-19 Safety Protocols



Many of the COVID guidelines have been lifted as we head into our fall season, but please remember these guidelines are always subject to change based on guidance from the CDC and the Department of Public Health

General Safety Guidelines

- Relevant public health guidelines - including CDC - should be adhered to when attending all soccer activities
- All waste should be placed by the respective player, coach, or spectator in the trash receptacle. Nothing should be picked up by anybody other than the originator of the waste.
- Participants and spectators should only drink from their own container.

COVID-19 Safety Protocols



Player Guidelines

- Each player should bring their own ball and water bottle to each practice
- Players may be assigned a pinnie for use during practices or games. Pinnies should not be shared and properly washed/sanitized after every use.
- Ensure that all players, coaches, and parents are practicing proper physical and social distancing requirements
- Players should arrive dressed for soccer activities and leave immediately after
- Players should keep their personal belongings in their personal space. Sharing of personal equipment (e.g., shin guards, GK gloves, uniforms) is not permitted.

Spectator Guidelines

- Spectators should allow for at least six feet of social distancing between family units when entering, sitting, and leaving.
- Spectators should follow outdoor gathering guidelines as put forth by the CDC and local board of health

COVID-19 Safety Protocols



Coach's Guidelines

- All coaches and other administrators interacting with players are recommended to wear face coverings for all soccer activities.
- Maintain social distancing.
- Do not allow shared team snacks.
- No group celebrations, hugs, handshakes, fist bumps etc.
- Always take attendance at practices and games (used for contact tracing if necessary) Recommended Apps for attendance tracking: Team Snap, Team App, Game Changer
- Report any positive cases on your team to the COVID Safety Officer

Coaching Resources:

MA youth has developed a variety of resources to help you plan your practice sessions. Please click on the links below to check out these resources in more detail.

Detailed Protocols for planning a practice session

https://www.mayouthsoccer.org/assets/61/6/return_to_soccer_activities_-_coaches_toolkit_march_21.pdf

Sample Socially Distant Sessions Plans

<https://www.mayouthsoccer.org/physical-distancing-session-plans/>

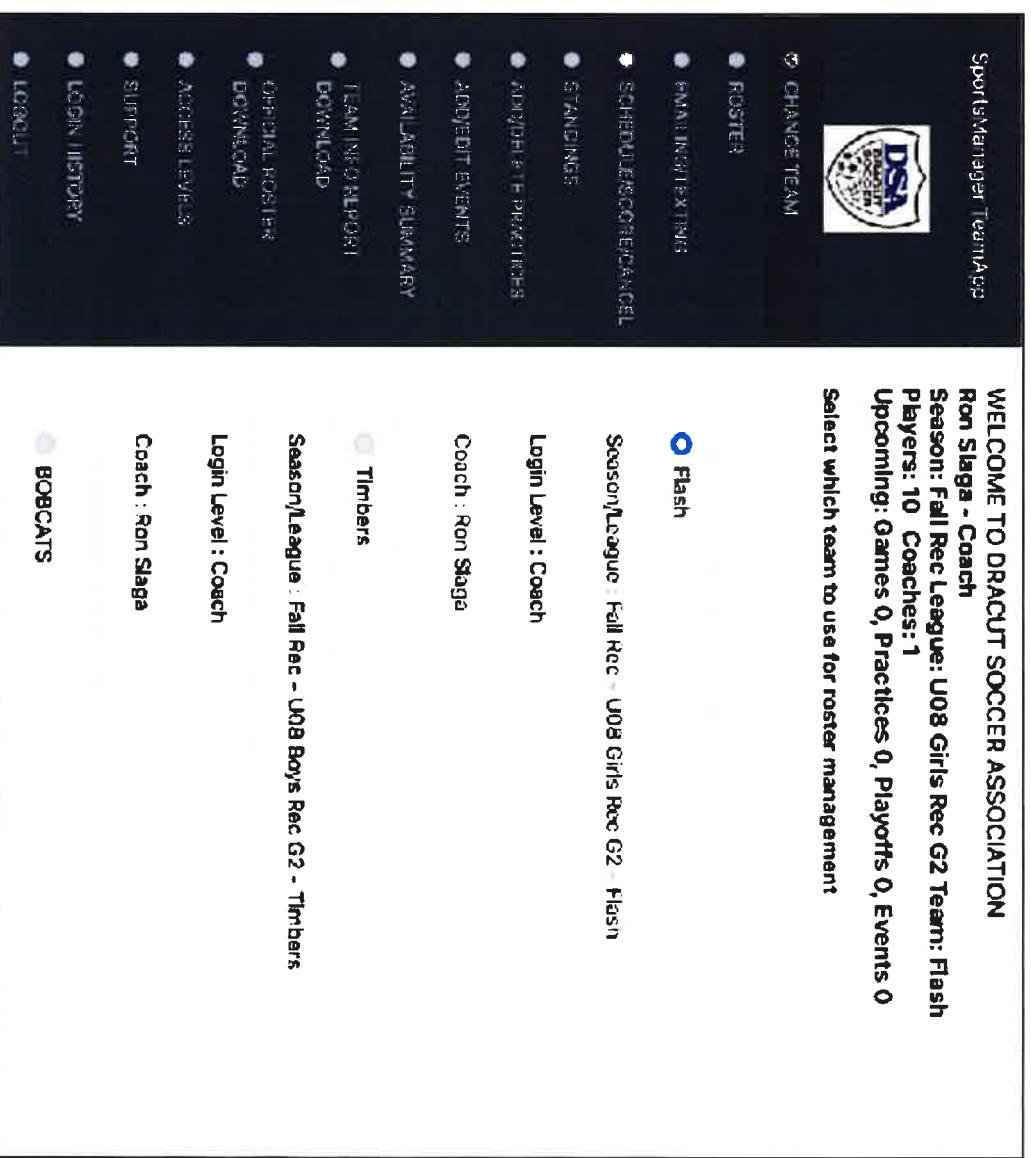
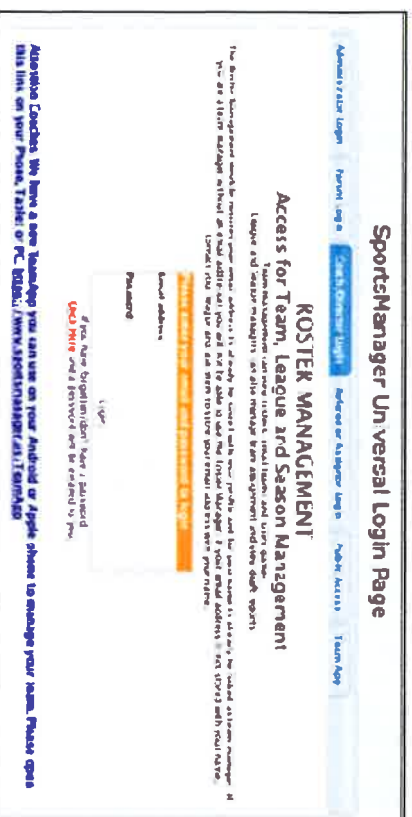
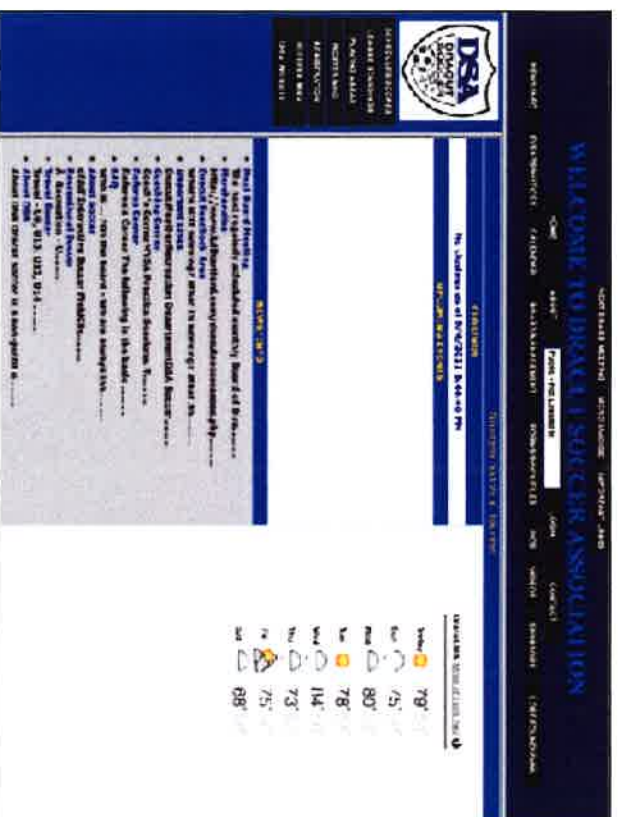
A detailed summary of the Fall 2021 COVID protocols can be found at:

https://www.mayouthsoccer.org/assets/61/6/soccer_activities_protocols_september_1_2021.pdf



Sports Manager

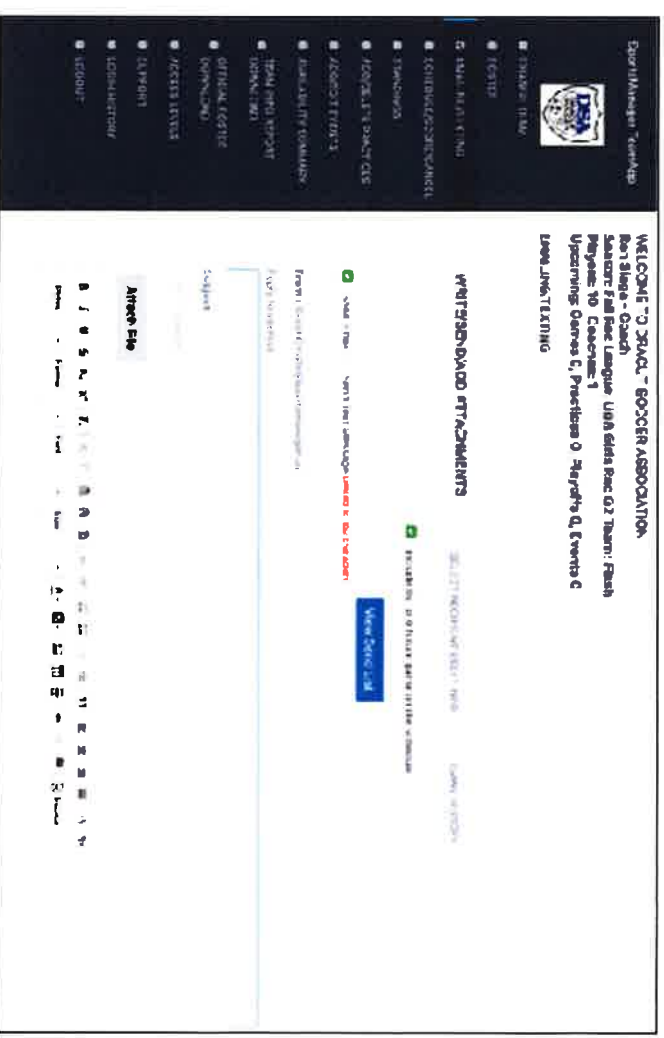
- <https://www.sportsmanager.us/dracutsoccer.htm>
- Great for Easily Communicating with Parents





Team Emails

- First Email to your team:
- Introduce yourself
- Schedule
- When to arrive
- Where are the games
- How long are the games
- Where can players buy Uniforms
- Weekly emails are helpful for parents
- What Field are we playing on
- What color Jersey are we wearing



Example Emails at the end of this slide package



Coaching Resources

Mass Youth Soccer

- <https://dracutsoccer.com/coaches-corner/>
- <https://www.mayouthsoccer.org/coaches/session-plans/>
- Player Development
- Coaching Development

SESSION PLANS

U6	U8	U10	U12	U14
GOAL: Improve ball up in the opponent's half of the field PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12 PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12	GOAL: Improve ball up in the opponent's half of the field PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12 PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12	GOAL: Improve ball up in the opponent's half of the field PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12 PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12	GOAL: Improve ball up in the opponent's half of the field PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12 PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12	GOAL: Improve ball up in the opponent's half of the field PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12 PLAYERS: 1-12 GOALS: 1-12 DRILLS: 1-12 SESSION: 1-12



US Soccer License

- Coach Education Opportunities
- <https://learning.usoccer.com/coach>
- DSA Supports Coaching Development

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COACH EDUCATION

Please visit the US Soccer Coach Education website for more information on the US Soccer Coach Education program. The US Soccer Coach Education program is a comprehensive program that provides coaches with the knowledge and skills needed to effectively coach youth soccer. The program includes a variety of courses, including the US Soccer Coaching License, which is required for all coaches who wish to coach youth soccer.

WHY TAKE THESE COACHING OPPORTUNITIES?

US Soccer has created the Coaching Education Pathway to help coaches with the knowledge and skills needed to effectively coach youth soccer. The pathway includes a variety of courses, including the US Soccer Coaching License, which is required for all coaches who wish to coach youth soccer. The pathway also includes a variety of other resources, including the US Soccer Coaching License Handbook, which provides coaches with the information they need to understand the requirements of the US Soccer Coaching License.

Under Soccer Coach Education, coaches can earn a US Soccer Coaching License, which is required for all coaches who wish to coach youth soccer. The US Soccer Coaching License is a comprehensive program that provides coaches with the knowledge and skills needed to effectively coach youth soccer. The program includes a variety of courses, including the US Soccer Coaching License, which is required for all coaches who wish to coach youth soccer.

US Youth Soccer currently offers the US Soccer Coaching License, which is a one-time fee that covers the cost of the license and the cost of the coaching education program. The US Soccer Coaching License is a comprehensive program that provides coaches with the knowledge and skills needed to effectively coach youth soccer. The program includes a variety of courses, including the US Soccer Coaching License, which is required for all coaches who wish to coach youth soccer.

Please visit the US Soccer Coach Education website for more information on the US Soccer Coach Education program.

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COACHING LICENSE PATHWAY

The US Soccer Coaching License is a comprehensive program that provides coaches with the knowledge and skills needed to effectively coach youth soccer. The program includes a variety of courses, including the US Soccer Coaching License, which is required for all coaches who wish to coach youth soccer. The program also includes a variety of other resources, including the US Soccer Coaching License Handbook, which provides coaches with the information they need to understand the requirements of the US Soccer Coaching License.

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[COACHING COURSES](#)
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[COACHING COURSES](#)
[COACHING LICENSE](#)



THANK YOU COACHES

You Make the Soccer Season Successful



EXAMPLE EMAIL

Initial Email

Welcome to the Fall 2021 Dracut Soccer Season

My name is COACH NAME and I will be coaching the dracut AGE GROUP / TEAM NAME soccer team this fall, joined by assistant coach COACH NAME . I look forward to meeting new friends, having fun and making memories. Feel free to email me if you have any questions: COACH EMAIL

All of our games will be on Sundays at TIME, at Veteran's park. Each week will last about TIME minutes, roughly half practice and half game. Field number label signs sometimes change locations from week to week, so find the field marked with a sign based on this schedule. Games can be canceled due to weather or field conditions, so check your email the morning of games.

First game is 9/12/2021

Field ##

TIME

JERSEY COLOR

ONLY FOR U6/U8

During U6/U8 games typically there is a bench for players, this season we will not be using benches to allow for social distancing. Parents are asked to watch games from the other side of the field.

Only coaches will be allowed in the bench area or on the field for practice, only players and referees are allowed on the field during games.

COVID Guidelines have been developed by the Dracut Board of Health, and Mass. Youth Soccer. DSA is required to abide by these rules in order to offer a Fall soccer season. At this time there are no COVID related restrictions specific to Recreation soccer.

U6/U8 will have referees during games, these are typically students who are in the process of learning referee skills at the same time they are teaching our kids. If you see something concerning please provide any feedback to me. There will be zero tolerance for negative feedback directed at referees.

Uniforms can be purchased at Dracut Threads, these are a simple blue/white jersey / shorts / socks. Cleats are not required, but can help if it gets muddy. If players wear cleats, they need to be soccer cleats. Shin guards are required to play and referees will check all kids at the start of games.

I appreciate your help and flexibility as we get back onto the field,
Coach NAME

Weekly Email

TEAM NAME,

The weather looks great today

Game Start TIME

Field NUMBER

COLOR jersey

See you tomorrow,

Coach NAME