



Finding Nemo (20 mins)

- Cones spread out on the floor. Players cover eyes for 20 seconds, coach gets orange pinnies and ties a knot in it and calls it "Nemo".
- Whilst players count, coach pretends to hide Nemo, players then look for Nemo. After a while coach places Nemo under a cone.
- Progression, add Dori (blue Pinnie)



Cups And Sauces (25 mins)

- 2 Teams
- Cups are blue cones facing down.
- Sauces are red cones facing up.
- White team have to make all cones cups.
- Blue team has to make all cones sauces
- Timed games to see who wins.



Statues (25 mins)

- All players start in 4 corners. Coach places cones all over soccer Island. Without a ball first, players run in and out of cones till the command "Freeze" (Children make statues). Coach then looks to see who has the best, most funny stationary statue. Players then with a ball, dribbling in and out of the cones till the command "Freeze" players make a statue including the ball.

Finish with Small-Sided Games (4v4; 5v5)