

Creating Individual Offense
Basketball Clinic Series
@ the Shaw school

Wednesday nights from 7:00-8:30 PM
Come down to Learn, improve, and Play!

This fall participating players will learn and practice new concepts to improve their offensive skills—and they will also play in less formal “pick-up” situations in order to put the new skills to work. This weekly clinic series is for players in grades 6-8 who hope to play travel basketball this year.

Skill focus will include the following concepts necessary to become a scorer:

- Players will learn to create offense: exploding by your man and beating the help
- Game Ball Handling: putting pressure on and shifting a defender to get the paint, blocks, and rim for easy scoring opportunities
- Attacking and Finishing at and underneath the rim: using fakes and the body to finish by and through help defenders
- Using the ball screen: learning concepts that help players identify their options versus various defensive schemes while both setting and using ball screens.
- Building an off hand—learning effective tricks to attack good defenders using the weak hand
- Strengthening triple threat stance in order to begin effective drives that put pressure on defenders

Players will need to bring a basketball and a desire to improve and grow confidence.

This clinic is designed to provide players with new skills that will offer him more options when on the court playing against competitive teams throughout the area.