

CAMP HEALTH FORM

Name:

The applicant is in good health. In case of medical emergency, I understand every attempt will be made to contact parents or guardian. If they cannot be reached, I hereby give permission to the camp to provide emergency medical care to my son/daughter in case of injury or illness. I agree not to hold the Millbury Youth Basketball camp responsible for any athletic, dental, or bodily injury that may occur to my son/daughter while attending camp. If any camper is experiencing symptoms of COVID 19 they will be sent home following the CDC guidelines.

Parent Signature:

Date:

I also understand that although the camp is being held at the Elementary school, the Millbury Public Schools is NOT sponsoring this program. This is being PRIVATELY run by Michelle Desrosiers Polissack.

*** Each Camper must provide a copy of their Health Records, and Immunization Records to be able to participate in camp!**

GOALS OF THE CAMP

***Our goal for the Millbury Youth Basketball Camp is to teach sportsmanship, teamwork, leadership, responsibility, respect, and fun learning the game of basketball**

***Any Boy or Girl entering grades 1-6 who is interested in the game of basketball or would like to advance their skills is invited to be a camper! We would like to make this camp fun for everyone!**

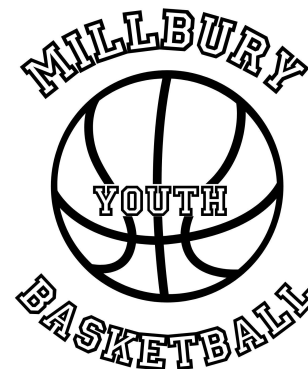


CAMPERS WILL:

- Wear athletic shorts/shirts/sneakers
- Bring a water bottle
- Be able to purchase drinks and snacks
- Receive a camp t-shirt
- Come with a positive ready to learn attitude
- Compete in activities, winner receiving an AWARD or TROPHY for big events.

2024

1st Year Youth Camp offering lots of experience



Week of: July 29-Aug 1, Mon-Thurs

9:00-3:00

***RAYMOND E. SHAW SCHOOL**

Camp open to Boys and Girls *entering* Grade 1 through Grade 6

\$190 for Full Day per child

(+\$10 non-resident)

T-shirt included, 1 per camper

Sign up quick so spots don't run out!, limited numbers!

CAMP STAFF



Michelle Desrosiers Polissack is the assistant Girl's Varsity Volleyball coach, and assistant Varsity Basketball coach!

She is also an elementary physical education teacher in the Millbury Public Schools. She is certified in First Aid & CPR

Staff will also include other area coaches/athletes. Some high school athletes will also bring youth to the program! Many high school basketball athletes will be volunteers as well!

*Campers will be supervised at ALL times

More Information Call: Michelle Desrosiers Polissack: 508-769-2788

*** Each Camper must provide a copy of their Health Records, and Immunization Records to be able to participate in camp!**

If students are sick, please take necessary precautions so that we can keep the camp running!

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the Board of Health.

Parents have rights to review background checks, healthcare, and discipline policies

TYPICAL DAILY SCHEDULE

8:30-9:00 Check-in/Shoot Around
9:00-9:30 Opening Remarks & Stretching
9:30-10:45 Instructional Stations
10:45-11:05 1 on 1 Competition
11:05-11:20 Hot Shot Competition
11:20-12:00 Game One
12:00-12:50 Lunch (each camper should bring a lunch. If necessary, pizza needs to be ordered & paid for at check in - \$5 cash for 2 pieces + a water. Drinks and snacks will be sold at lunchtimes and breaks.
12:50-1:05 Foul Shooting Competition
1:05-1:45 Game Two
1:45-2:00 2 on 2 Competition
2:00-2:15 Camp Game
2:15-2:55 Game Three
2:55-3:00 Closing Remarks (Camper sign-out)

*Our goal is to help build fundamental skills and provide understanding of the game to young, interested boys and girls. Volunteers, coaches, and directors will provide feedback to help increase these skills and incorporate them into team skills in order to build a strong basketball future!

CONCESSIONS STANDS

During the week concessions will be sold during breaks and lunch.. Items will include Water, Gatorade, Chips, Pretzels, and Candy.. If you'd like, you may Pre-Pay at the concession stand on the first morning of camp, or pay with cash.

REGISTRATION FORM

Name: _____

Address: _____

Emergency Number:

(H): _____

(C): _____

Grade Entering: _____

Parents Name: _____

E-mail: _____

T-Shirt Size:

Youth: S M L

Adult: S M L XL

*Allow pictures to be taken ___Yes, ___No

___Millbury Resident ___Non-Resident

(add \$10 per week)

A medical form is required to participate

Your doctor's office should have a physical form. Please try to include this with registration as I work with an outside doctor to assure the safety and good health of all campers..

☐ **Medical form is included**

☐ **Medical form will be provided by no later than check in on the first day**

**This year ONLY, @ SHAW School ___initial*

Please pack a lunch or pre-pay \$5cash for 2 slices of pizza and a water/ day. Will need to know at drop off if ordering
May need lunch provided ___

Send Check and Registration w/ stgned form & Health Records to:
Michelle Polissack 407
West Main St.
Millbury, MA 01527