



2/21/14

Hello Coaches,

Our Spring season is just around the corner and given the nature of New England weather we often get on the field to practice just before our first games with most of our players not having touched a ball since early November. As coaches we need to be creative in finding space and options for our players to keep them active; whether it be a local indoor league, program, pre season tournament or something you coordinate yourself. The utilization of coach's courses, tournaments and off-season leagues by proactive coaches are what separate solid teams from the pack. Another aspect of coaching is creating a strong team culture, creating leadership and figuring out how to motivate and connect with each player. I can't stress how important this for a team's success. I will begin to pass on more material on this topic.

I am planning an indoor training session either March 23 or March 30 sometime between 4-8pm at the Middle School gym. As soon as the fields become available I will be organizing Monday night technical clinics called "SkillZ". It will encompass technical foot skills, goalie skillz, coaching points and philosophies, as well as be a development ground for an across the board technically based coaching curriculum. My philosophy is that players can move between teams without skipping a beat, as long as the team(s) "base" training systems are the same. Each coach should focus on doing the technical and simple things well first and at every practice. Repetition is good. Please don't hesitate to contact me for any assistance with developing yourself as a coach or developing your players in training or game situations.

Sincerely,

Jennifer McLellan

Information in this newsletter:

- Coaching Courses; MA Youth Soccer, NSCAA, Coerver, Soccer Champions Coaches Clinic
- Courses Equivalency between Ma YSA and NSCAA (coming soon)
- Tournaments (more coming soon)
<http://www.mayouthsoccer.org/tournaments/competitive.aspx>
- Team Leadership and Bonding (more coming soon)
http://www.nscaa.com/events/2014-convention-hangout--competitive-advantage?utm_medium=short_url
- Practice Plans (more coming soon)
http://www.mayouthsoccer.org/coaching/practice_plans_u10.aspx
- Summer District Select Soccer Tryouts (coming soon)
http://www.mayouthsoccer.org/programs/district_select.aspx

Current Coaching Courses Spring 2014



Mass Youth Soccer <http://www.mayouthsoccer.org/events/default.aspx>

Courses must be taken in this order G, *F, *E, D, C, B, A

Direct Link to Courses http://www.mayouthsoccer.org/online_programs/g.aspx

Available online (G,F). Coaching Manuals and Power Points for ALL courses are available online
For the more serious coaches (D,C,B,A).

Required license to coach summer District Select Teams (F, E).

Course require online pre module completion (F,E)

http://www.mayouthsoccer.org/coaching/course_manuals.aspx

*This is a truncated list of MAYouth Soccer courses see full list online

February 23, 2014

[Coaching Course G – Framingham](#) G course 09:00 AM - 01:00 PM

February 28, 2014

[Coaching Course F1 – Gloucester](#) F course 06:00 PM - 10:00 PM

March 01, 2014

[Coaching Course F2 - Gloucester](#) F course 09:00 AM - 01:00 PM

[Coaching Course G – Gloucester](#) G course 06:00 PM - 10:00 PM

[Coaching Course F – Framingham](#) F course 09:00 AM - 06:00 PM

March 10, 2014

[Coaching Course F1 – Concord](#) F1 course 05:30 PM - 09:30 PM

March 13, 2014

[Coaching Course F2 – Concord](#) F2 course 05:30 PM - 09:30 PM

March 14, 2014

[Coaching Course G – Somerville](#) G course 10:00 AM - 02:00 PM

[Coaching Course D1 – Framingham](#) D1 course 08:00 AM - 06:00 PM

[Coaching Course F1 – Marblehead](#) F1 course 06:00 PM - 10:00 PM

[Coaching Course F1 – Newton](#) F1 course 06:00 PM - 10:00 PM

March 19, 2014

[Coaching Course F2 – Marblehead](#) F2 course 06:00 PM - 10:00 PM

March 22, 2014

[Coaching Course F – Bedford](#) F course 09:00 AM - 06:00 PM

[Coaching Course F1 – Needham](#) F1 course 01:00 PM - 05:00 PM

March 23, 2014

[Coaching Course D2 – Framingham](#) D1 course 08:00 AM - 06:00 PM

[Coaching Course E1 - N Andover](#) E1 course 08:00 AM - 05:00 PM

[Coaching Course F2 – Newton](#) F2 course 06:00 PM - 10:00 PM

[Coaching Course F1 – Needham](#) F1 course 06:00 PM - 10:00 PM

March 29, 2014

[Coaching Course F – Somerville](#) F course 09:00 AM - 06:00 PM

[Coaching Course F2 – Needham](#) F2 course 01:00 PM - 05:00 PM

[Coaching Course E1 – Framingham](#) E1 course 09:00 AM - 06:00 PM

March 30, 2014

[Coaching Course E2 - N Andover](#) E2 course 08:00 AM - 05:00 PM

[Coaching Course E2 – Framingham](#) E2 course 09:00 AM - 06:00 PM

April 01, 2014

[Coaching Course E1 - Lancaster WOMEN ONLY](#) E1 course 08:00 AM - 05:00 PM

May 03, 2014

[Coaching Course E2 - Lancaster WOMEN ONLY](#) E2 course 08:00 AM - 05:00 PM



NSCAA National Soccer Coaches Association of America

Courses must be taken in this order....

Beginner (1-3)(approx. 4-6hours and about \$50, Intermediate (4-6), Advanced (National, Advanced

National) <http://www.nscaa.com/education/coaching-courses>

Online Education <http://www.nscaa.com/education/online>

Master Schedule (includes online Special Topics Courses)(limited dates in MA)

<http://www.nscaa.com/education/courses/master-schedule>

03/01/2014	03/01/2014	Level 3 Diploma	Amesbury	MA		DETAIL
03/14/2014	03/16/2014	Director of Coaching Diploma	Topsfield	MA		DETAIL
06/23/2014	06/29/2014	Advanced National Diploma	Milton	MA		DETAIL
06/23/2014	06/29/2014	National Diploma	Milton	MA		DETAIL
03/08/2014	03/08/2014	Level 2 Diploma	Westfield	MA		DETAIL



National Federation of High School Associations

<http://www.nscaa.com/education/high-school-courses>

Fundamentals of Coaching (online) (\$50) (5 hours) <http://www.nfhslern.com/CourseDetail.aspx?courseID=1004>

High School Diploma (\$320) (21 hours)



Coerver Coaching - Youth Diploma

March 28 (4:30-8:30pm) - March 29 (9-4pm) At Danvers Indoor Sports - \$375

http://vimeo.com/55567241?utm_source=MA+Diploma+Spring+14&utm_campaign=Coerver+MA+Diploma+S14&utm_medium=email

Although I am not aware the the Coerver Youth Diploma is recognized by MaYouth Soccer as a benchmark license in regards to meeting any particular coaching requirements, such as District Selects or Club Coaching, I believe their curriculum is very beneficial to coaches of all levels, as the foundation is technically based, with effective coaching skills development.



Soccer Champions Coaches Clinic at Mohegan Sun Convention Center

This event is held annually at the end of February. This year it is Feb 27-Mar 1st. It is a weekend packed full of clinics and seminars conducted famous soccer personalities, as well as opportunities to get coaching licenses. Another one I highly recommend.

In closing if you can teach your players to do the simple things well you will give them a great foundation and an edge on their opponents. Focusing on building technically sound skills in your players makes teaching everything else easy.

Sincerely,

Jennifer McLellan

Melrose Youth Soccer Association | Director of Coaches | Head Coach |

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