

RUSC Micro Soccer – Spring 2014

"Soccer is played at a professional and amateur level all over the world. It has the highest global television audience in sport"

It has been a tough winter but now we can start to look forward to the warmer weather, the coming of spring and the start of the soccer season. We are planning to introduce changes in the U8 session based on parent/coaching feedback, to give the participants a better soccer experience and prepare them for the next stage in the RUSC program (U10 – In-Town League and Travel Soccer).

Register at Reading SportsManager (<https://www.sportsmanager.us/readingyouthsoccer.htm>)

What Is the Micro Program

(Register Players born between **9/1/2005 and 8/31/2009**)

RUSC Micro Soccer is a **fun** and **instructional** program that will run on consecutive **Sundays**, starting on April 13th, ending on June 15th. There will be no soccer on April 20th because of Easter or on May 25th because of Memorial Day weekend. **Pre-K & K** players (Under 6) players will meet from 12:00pm to 1:00 PM, while the **1st & 2nd Graders** (U8) will start at 1:45 or 3:15 PM and your child will participate in **ONE** of the two sessions. Which session will depend mainly on the number of enrolled participants and the gender breakdown. **BOTH** groups will meet at Coolidge Middle School.

Mass Youth Soccer (MYS) are engaged in our program and will have two experienced instructors in attendance every week. They will work directly with the parent coach's and the participants. The MYS instructors will supply practice plans each week that all coaches are expected to follow to ensure all participants experience maximum benefit from their knowledge and the RUSC Micro Program.

As always we need your help to make this program successful. Please consider volunteering for a coaching position (no experience needed).

U6 (K and Pre-K)

The format for the U6 session will be the same as in previous sessions. Teams are mixed with the first 30mins on skills and the second 30mins with scrimmage (friendly game) of 3 vs 3. We will do our best to keep the teams small but the number of registrants dictates this. Coaches will arrive 15mins before the start (11:45am) for 15 minute session with MYS. They will cover the skill activities for that session in a fun and interactive way. The session will start promptly at 12pm and finish at 1pm.

Equipment requirement: a size #3 ball, shin guards and water. Please note – shin guards are **mandatory**. No shin guards, no participation, no exceptions. RUSC will supply a colored team shirt at the start of the first session which is yours to keep.

U8 (1st and 2nd Grade)

The format for the U8 session will change starting in the spring. Teams will be split by gender as boys and girls will participate in separate groups. U8 teams will play on larger playing areas than the U6 group. There will be two sessions for Under 8, 1:45pm and 3:15pm, in order to support a larger playing area. Your child will play in **one** of these sessions, assuming we have the numbers to run two sessions.

We have not yet decided the best way to split the two sessions (have your child/team play in the same session every week or rotate over the program duration). I know parents with children in the U6 session would like to have their U8 child in the first session. If we run one session for boys and the other for girls then it would be unfair, every week, for those in the second session. Right now we are favoring the idea of a rotation (first 4 weeks in one session, second 4 weeks in another or just a rotation each week).

We will do our best to keep the teams small but the number of registrants dictates this. Coaches will arrive 15mins before the start (1:30pm or 3:00pm) for 15 minute session with MYS. They will cover the skill activities for that session in a fun and interactive way. The session will start promptly with first 30mins on skills and the second 30mins with scrimmage (friendly game) of 4 vs 4. We want to introduce a rotation every 5mins so every child will get **equal** playing time. The coach(s) will create the roster rotation. We plan to have someone at the field sound an air horn every 5 minutes which will be the indicator for the next rotation.

Equipment requirement: a size #3 ball, shin guards and water. Please note – shin guards are **mandatory**. No shin guards, no participation, no exceptions. RUSC will supply a colored team shirt at the start of the first session which is yours to keep.

Summary

Our aim is for fun and instructional experience for all participants. Further specific details (health and safety, inclement weather, roster allocations, coaching assignments, etc.) will be sent to all registered participants shortly before the start of the season on April 13th.

Registration

Go to Reading SportsManager (<https://www.sportsmanager.us/readingyouthsoccer.htm>)

Click the REGISTRATION Button in the LEFT column and scroll to "Spring Micro 2014".

Spring 2014 Micro Registration fee = \$75.00 per player

There is limited field space, so Registration will close on March 31, **or when maximum allowable numbers are reached.**

If you have questions feel free to contact us at microsoccer@rusc.org.

Registration questions, contact registrar@rusc.org

See you in the spring,

Stuart, Chris and John
(RUSC Micro Coordinators)