



U9 & U10 Wall Passes 2.0 (TM)

Category: Technical: Passing & Receiving

Difficulty: Beginner

Am-Club: F.C. Stars
FC Stars Central Boys, Maynard, United States of America

Wall Pass

Set Up -

- Groups of 3. Passing and moving.
- On coaches command the two blues try to combine to get behind the one odd color in the group.

Coaching Points

- Dribble at defender to get him to commit.
- Passes on the ground.
- 1st pass with the outside of the nearest foot.
- 2nd pass made with the inside of the lead foot.
- Progress as much as your group can handle.



2v1/2v2

Set Up -

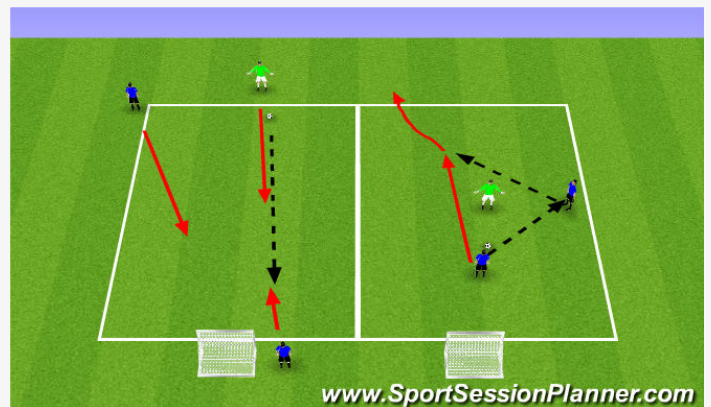
- 2v1 to lines.
- 10x15 yard areass.
- Supporting teammate sets up on endline with passer/defender
- Pass ball in and play 2v1

Coaching Points

- 1st Attacker must read movement and angle of defender
- 1st Attacker does not have to pass.
- Use supporting teammate as decoy- fake pass and dribble. (scissors)
- Try Wall Pass if defender cuts off the dribbling route.
- Get as close to the defender as you can before passing.

Progressions

- Play 2v2.
- Vary the starting location of supporting teammate.
- Vary the starting location of the 1st pass.



Games

Set Up -

- 2 grids if needed.
- 4v4 or 3v3 whatever is best for your level.
- Regular goals are 1 point.
- Goals scored off a Give n Go are worth 3 points.

Coaching Points

- Movement and communication of supporting players.
- Willingness of 1st Attackers to try and combine with teammates.
- Short and quick passing.
- Wall pass must be one touch!

