



- > **Strengthen individual offensive and defensive skills.**
- > **Develop team offensive and defensive skills.**
- > **Participate in competition according to age and ability.**
- > **Receive individual instruction in phases of the game.**

Clinic Features

- Free T-shirt
 - Video Analysis
 - 2 on 2 Scramble
 - Daily Contests
- *Free throw contest
*1 on 1 contest
*Spot shooting contest

25th
Annual

2012

Lunenburg Basketball Clinic

July 16th - 19th

At

Lunenburg
High School

9 AM—3 PM

For boys and girls
Grade 2-8

Cost: \$125

Clinic Director:
Dale Diamantopoulos



Daily Schedule

9:00 - 9:15 announcements and stretching
9:15 - 10:30 skill stations
10:30 - 10:45 break
10:45 - 11:45 team games
11:45 - 12:00 knock out for free soda
12:00 - 12:30 LUNCH
12:30 - 1:00 2 on 2 competitions
1:00 - 1:20 daily lecture
1:20 - 2:00 daily competitions
2:00 - 2:45 team games
2:45 - 3:00 awards and announcements

Lunch

Participants should bring their own lunch and water bottle..

Equipment

Each player should wear the appropriate footwear—sneakers, gym shorts, and a T-shirt.

Discipline

Any violation of the regulations, such as willful damage to the school or behavior deemed detrimental to the group, will result in immediate dismissal from clinic. There will no refund of money should a player be dismissed.