



Switching Point of attack

Category: Tactical: Switching play

Difficulty: Difficult

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Individual-Adult Member

Description

Switching the Point of Attack

Short,Short Long.

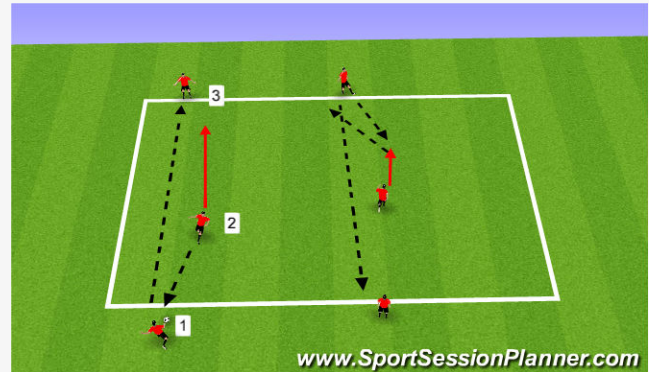
Organization 30 x 30 Short,short long

Players in groups of 3.

1 on each end line and 1 support player in the center

Player 1 plays a short 1-2 pass with player 2, then player 1 plays a HIGH Long pass all the way to Player 3.

As the ball travels player 2 turns and quickly supports player 3.



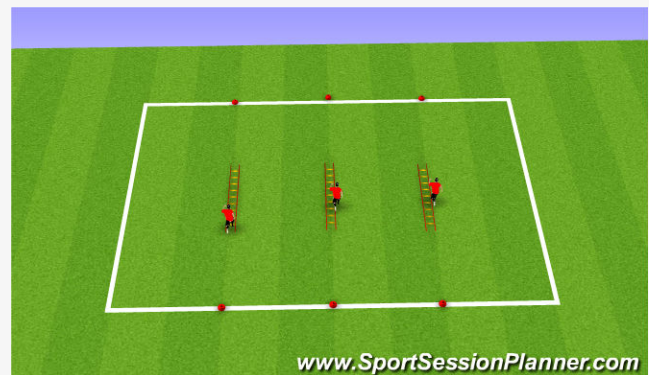
SAQ

SAQ

Line 1 Fast feet

Line 2 Hopscotch

Line 3 Two forward one back



SPOA

Organization

30 x 30 square

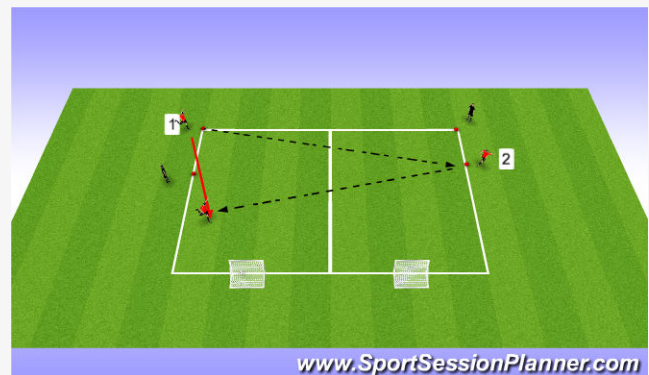
Player 1 is on the corner and player 2 is 8 yards down the line.

Instructions

Player 1 Switches the ball to player 2 then makes a forward run into the space. Player 2 controls the ball and Switches it again to the opposite side for player 1 to score

Coaching Points

1. choice of pass - driven, lofted?
2. correct technique
3. Timing of the run forward.
4. first touch - head up and see the run forward/space



Progression

Organization

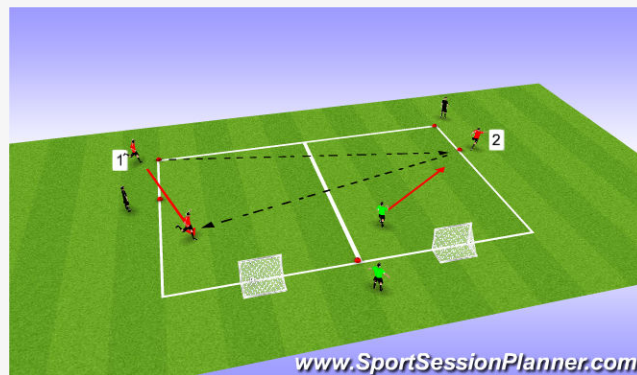
30 x 30 square

Same instructions add defender, can only pressure player 2 after 1st touch.

Same coaching Points

1. Add speed of play

2. first touch away from defender



6v4

Organization 30 x30 square add 3 goals

Red Team tries to score a goal in any of the 3 goals. score by dribbling through

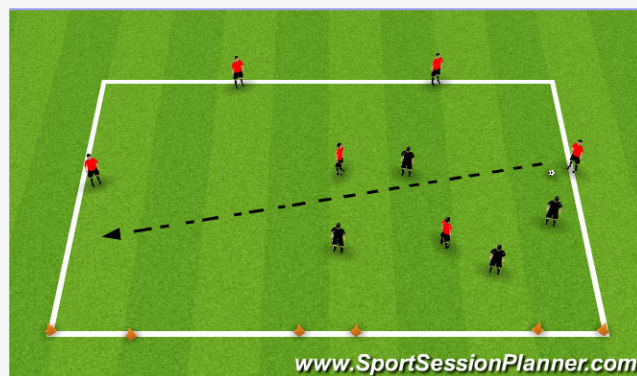
Coaching Points

1. timing of the switch -after several short short passes can we go longer?

2. Width - is the wide player as wide a possible?

3. If the defence is spread out can we play through the center?

4 Communication. SWITCH



7v5

Organization 30 x30 square 7v5

Can we create opportunities from switching the ball?

Coaching Points

1. Width

2. Angels of support and overlaps.

3. Communication

4. Finishing

Finish with a regular game.

